

NE Disaster Behavioral Health Newsletter

Issue: 6

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**NEBRASKA
DISASTER
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Welcome to another issue of the Nebraska Disaster Behavioral Health Newsletter. In this issue you will find updates on activities around the state and country. Please visit our website at: <http://disastermh.nebraska.edu/>

Peer to Peer Resiliency Training

The Nebraska Peer to Peer Resiliency Training Program was developed with federal funding administered by Nebraska DHHS with the goal of preparing emergency response personnel to foster resilience in their peers prior to a critical event or disaster. The information is segmented into nine modules addressing critical skills that can increase personal resiliency. These include modules on increasing resilience; social support; communication; and topics related to self-care. A tenth module prepares participants to return to their work setting and share these skills with other responders.

A pilot training will be held with DHHS employees this May. Suggestions from the pilot will be used to improve the curriculum before it is shared with other public health and emergency responders across the state. Look for this training to become available statewide in the fall of 2014.

Upcoming Events

March 31 - April 2

2014 ATAP Spring Regional Conference.

July 25

Great Plains Disaster Behavioral Health Conference. Updates can be found [here](#).

Psych First Aid Trainings

2014 ATAP Spring Regional Conference

Reminder - March 31 to April 2

April 8 | 8:30 - 4:30

Region 3 Behavioral Health in Kearney, NE. Contact **Suzanne Davis** at (308) 237-5113 Ext 243.

Register now! More information is available on the [ATAP website](#) and the University of Nebraska [threat assessment website](#).

April 9 | 9 - 5 PM

Region 4 Offices in Norfolk, NE. Contact **Matt Nykodym** at (402) 370-3100.

Great Plains Disaster Behavioral Health Conference

Save the date - Friday, July 25, 2014

The 2014 Great Plains Disaster Behavioral Health Conference focuses on the psychological consequences of emergencies and disasters. Participants will come away with an understanding of the impact of exposure to traumatic situations for survivors, responders and communities. Practical steps to counter these impacts will be presented along with an exploration of ethical considerations all disaster responders should be aware of. The conference will be held at the Embassy Suites in downtown Omaha, Nebraska.

Additional questions can be directed to **Kate Speck** at (402) 472-0501.

Registration information and additional conference details will be available soon on the Nebraska Disaster Behavioral Health [website](#).



More information at <http://www.disastermh.nebraska.edu/>

Public Policy Center, 215 Centennial Mall South, Suite 401, Lincoln, NE 68508

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