









Issue 20, September 2017

Welcome to another issue of the Nebraska Disaster Behavioral Health Newsletter. In this issue you will find updates on activities around the state and country. Please visit our website at: http://disastermh.nebraska.edu/

# **September is National Preparedness Month**

In light of recent natural disasters around the world, it is worth keeping in mind that during National Preparedness Month in September 2017, the SAMHSA Disaster Technical Assistance Center (DTAC) has gathered resources for behavioral health disaster coordinators and responders to use to prepare for a disaster. These include:

#### Introduction to Promising Practices in Disaster Behavioral Health Planning

This webinar includes real-world examples of disaster behavioral health planning and response. Related resources are available <u>here</u>.

#### Coping with a Disaster or Traumatic Event

This CDC website highlights steps to take at various levels of the community (families, organizations, local and state government, and responders) to help themselves and others cope with a disaster.

# <u>Preparedness for Special Needs Populations: A Toolkit for State and Local Planning and Response</u>

This toolkit guides planning agencies in ensuring plans account for populations with functional needs, such as children, persons with disabilities, or those with limited English proficiency. The New York Office of Mental Health disaster newsletter (NY DMH Responder) for Summer 2017 also has extensive information on preparing for populations with functional needs.

#### SAMHSA Disaster App

This smartphone app provides behavioral health responders with access to tips and information for all phases of disaster response, including resources in SAMHSA's Disaster Kit. Some resources can be pre-downloaded in case of limited network connectivity in the field.

#### Center for the Study of Traumatic Stress

This website contains resources applicable to disaster behavioral health response, including response to natural disasters, community violence, and terrorism.

## **Resources for Mass Violence Events**

The Summer 2017 issue of The Dialogue, a quarterly newsletter produced by the SAMHSA Disaster Technical Assistance Center, recently highlighted response to mass violence in communities across the Univted States. The issue includes lessons learned from these events, and how communities have changed their response plans based on these lessons.

You can view the full issue here.

## **Upcoming Events**

Faithful Readiness: An Emergency Preparedness Workshop for Faith Communities October 3, 2017 | Grand Island, NE Additional information is available here.

Fall Training

Great Plains Chapter - Association of Threat Assessment Professionals
October 19-20, 2017 | Omaha, NE

Additional information is available on the <u>training</u> webpage.

### **Coming Soon!**

Psychological First Aid Online Refresher Training

Training launch will be announced in a future issue of this newsletter, and online at: <a href="https://www.disastermh.nebraska.edu">www.disastermh.nebraska.edu</a>

**NE DBH Website | ATAP Website | Threat Assessment Website** 

More information at http://www.disastermh.nebraska.edu/

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