

NE Disaster Behavioral Health Newsletter

Issue: 1

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Quick Links

[NE DBH Website](#)
[Current NE Trainings](#)
[The Dialogue](#)

In This Issue

[Nibthaska Strong](#)
[Cultural Competency](#)
[Curriculum](#)
[New Podcasts](#)

About SAMHSA DTAC

Disaster Technical Assistance Center (DTAC) was established by SAMHSA to aid in delivering "effective mental health and substance abuse (behavioral health) response to disasters. View their brochure [here](#).

SAMHSA Resource Collections

SAMHSA has assembled a list of resources to aid in disaster response. Some featured resources:

- Children and Youth
- Disaster Responders
- Older Adults

Check out the complete list [here](#).



NEBRASKA DISASTER BEHAVIORAL HEALTH



Welcome to the inaugural issue of the Nebraska Disaster Behavioral Health Newsletter. In this issue you will find updates on activities around the state and country. Please visit our website at: <http://disastermh.nebraska.edu/>

Project Highlight Nibthaska Strong:

UmoⁿHoⁿ Flood Recovery Project

A feast and the smell of burning cedar from the sacred ceremony greeted SAMHSA, FEMA, and State officials when they first entered the Reservation of the Umoⁿhoⁿ Tribe. This display of ceremony helped the 2011 Nebraska and Iowa flood survivors share their stories and opened the pathway for them to begin healing.



After the 120 days of flooding last summer left many people on the Reservation without jobs or homes, the FEMA Crisis Counseling Program (CCP) was funded to help community members recover. Using storytelling and symbolism as a connection, the CCP worked to uphold tradition in the Reservation while promoting healing. The project was successfully completed this past fall, but was featured in the SAMHSA newsletter *The Dialogue*.

To read the full story, click [here](#). This story is featured on pages 15-16.

Disaster Behavioral Health Plan Updated

The Nebraska Behavioral Health All-Hazards Disaster Response and Recovery Plan was updated last year and formally adopted by the Nebraska Department of Health and Human Services Division of Behavioral Health on April 6, 2012 (the initial plan was adopted January 20, 2005).

Click [here](#) to view the plan.

NIMS/ICS Training Requirements

Are you up-to-date on your NIMS Training?

Click [here](#) to find out what the Nebraska requirements are for your role in a response.

Trainings offered online can be accessed at the National Incident Management System Independent Study [website](#).

New Podcasts

Deployment Support; and Support for Children & Youth

Deployment Support for Disaster Behavioral Health Responders

This 30-minute podcast discusses how responders can prepare oneself and one's family members for the stress of deployment and reintegration into regular work and family life. [View the podcast here](#).



Cultural Awareness: Children and Youth in Disasters

The goal of this 60-minute podcast is to assist disaster behavioral health responders in providing culturally aware and appropriate services for children, youth, and families impacted by natural and human-caused disasters. [View the podcast here](#).

Both podcasts hosted by SAMHSA DTAC.

More information at <http://www.disastermh.nebraska.edu/>

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